

## Anesthesia and COVID 19

Here at Anesthesia Associates of Boise, we take the health and safety of our patients very seriously. During these chaotic times, we want to make sure that you have the information and resources you need to answer any questions or address concerns related to the current outbreak of COVID-19 and the need to have anesthesia for any **necessary** procedure.

**As of right now, all elective surgical/procedural scheduling has been stopped at St. Luke's.**

1. If you are not sure about an upcoming procedure still being scheduled, you should contact your surgeon's office right away.
2. If you have any signs of infection: fever, upper respiratory infection, cough, fatigue and/or you have recently traveled to an area with known community spread, had exposure to someone with COVID-19 or under quarantine for suspected exposure, call your doctor or St. Luke's for screening prior to arriving at the hospital.
3. Be flexible and be prepared for case delays and possible cancellations.

**First and foremost, we all need to be sure to adhere to the current recommendations related to COVID-19 and preventing the spread of the virus.**

1. Wash your hands.
2. Practice social distancing. Stay at least 6 feet away from other people that are not in your household.
3. The CDC now advocates the wearing of a cloth face mask when out in public places especially in areas of community spread.
4. Cover your cough or sneeze with a tissue or cough/sneeze into the bend of your elbow and be sure to wash your hands after.
5. If you are sick or have symptoms and don't need medical attention, self-quarantine and STAY HOME.

More information on taking care of yourself and others during this time can be found on the following websites which contain the facts regarding COVID-19. And as always, you can contact Anesthesia Associates of Boise at 208-336-0895 for questions or concerns.

<https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

<https://www.cdhd.idaho.gov/dac-coronavirus.php>

<https://www.stlukesonline.org/blogs/st-lukes/notes-and-announcements/2020/mar/st-lukes-covid-19-coronavirus-announcement>